

D&D INTENSIVE NCLEX REVIEW: 60 Days Study Plan

The recommended time required to complete this review course at a slow and thorough pace is approximately 2 to 3 months; however, you determine how much or how little time you spend on the review.

For individuals who can study about 4 to 6 hours a day for 5 days each week.
Spread out several short study sessions throughout the day.

Print checklist and highlight every topic, video or exam completed.

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 1	<input type="checkbox"/> Diagnostic Pretest <ul style="list-style-type: none"> ○ 75 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 3 hours	<input type="checkbox"/> Nursing Process and Structure Time Allotment: 2 hours		
CONTACT D&D to schedule your Assessment (15 minutes)				
Online Day 2		<input type="checkbox"/> Preparing for and Taking the NCLEX <input type="checkbox"/> MINE DEEP Test-Taking Algorithm <input type="checkbox"/> Prioritization with Maslow <input type="checkbox"/> Cognitive Levels of Test Items <input type="checkbox"/> Types of Item Formats <input type="checkbox"/> The Client Need Framework Time Allotment: 2 hours	<input type="checkbox"/> NCLEX Concepts in Minutes: Test-Taking Tools <ul style="list-style-type: none"> ○ Test Plans (5:42) ○ Computer Adaptive Testing (4:24) ○ "MINE DEEP" Approach to Nursing Competence (5:05) <input type="checkbox"/> Critical Thinking and Test-Taking Strategies <ul style="list-style-type: none"> ○ NCLEX Test Plans (11:56) ○ Integrated Nursing Concepts (7:41) ○ Critical Thinking (4:23) 	

- NCLEX Formats (7:16)
- Ace the Question (2:53)
- Reword It (1:01)
- Eliminate Distracters (3:02)
- Do Not Predict Answers (3:13)
- Recognize Outcomes (5:59)
- Find Clues (3:00)
- Ideal Testing World (5:52)
- Prioritization (4:59)
- Maslow's Hierarchy of Needs (4:28)
- Nursing Process (7:00)
- Safety (5:06)
- Algorithm (2:10)

Time Allotment: 2 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 3	<input type="checkbox"/> Pretest: Safe and Effective Care Environment <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Safe and Effective Care Environment Time Allotment: 3 hours		
Online Day 4			<input type="checkbox"/> Safe and Effective Care Environment <ul style="list-style-type: none"> ○ Management and Coordination of Care (11:44) ○ Leadership and Delegation (9:59) ○ Ethical and Legal Issues (15:07) ○ Safety Principles (8:00) ○ Infection Control (7:22) ○ Safety Questions (7:33) Time Allotment: 1 hour	<input type="checkbox"/> Quiz: Infectious Control <ul style="list-style-type: none"> ○ 30 Items ○ 60 minutes <input type="checkbox"/> Quiz: Oncologic Problems <ul style="list-style-type: none"> ○ 30 Items ○ 60 minutes <input type="checkbox"/> Post Test: Safe and Effective Care Environment <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 5	<input type="checkbox"/> Pretest: Gas Exchange Problems <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Fluid and Gas: Gas Exchange Problems Time Allotment: 2 hours	<input type="checkbox"/> Fluid and Gas: Gas Exchange <ul style="list-style-type: none"> ○ Gas Exchange (2:13) ○ COPD (7:37) ○ Pharm COPD (2:38) ○ Tuberculosis (6:28) ○ Pharm TB (5:20) ○ Pneumonia (11:17) ○ Chest Tube (9:01) ○ Tracheostomy Care (4:26) ○ Suctioning (4:03) Time Allotment: 1 hour	
Online Day 6	<input type="checkbox"/> Pretest: Transport Medium Problems <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Fluid and Gas: Transport Medium Problems Time Allotment: 2 hours	<input type="checkbox"/> Fluid and Gas: Transport Medium <ul style="list-style-type: none"> ○ Transport Medium (2:08) ○ Anemia (9:25) ○ PVD (17:18) ○ Hypertension (5:32) Time Allotment: 1 hour	

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 7	<input type="checkbox"/> Pretest: Pump Problems <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Fluid and Gas: Pump Problems Time Allotment: 2 hours		
Online Day 8			<input type="checkbox"/> Fluid and Gas: Pump Problems <ul style="list-style-type: none"> ○ Pump Problems (2:56) ○ CAD (1:34) ○ Angina (13:38) ○ Myocardial Infarction (5:53) ○ Cardiac Catheterization (3:58) ○ MI Interventions (8:31) ○ Pharm MI (2:49) ○ MI Complications (4:33) ○ CHF (6:28) ○ Pharm CHF (10:00) ○ Heart Transplant (2:45) ○ CV General Care (3:34) Time Allotment: 2 hours	<input type="checkbox"/> Post Test: Fluid and Gas <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 9	<input type="checkbox"/> Pretest: Gastrointestinal and Hepatobiliary Problems <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Elimination: Gastrointestinal and Hepatobiliary Time Allotment: 3 hours		
Online Day 10	<input type="checkbox"/> Pretest: Genitourinary, Fluid, Electrolytes, and Acid-Base <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Elimination: Genitourinary, Fluid, Electrolytes, and Acid-Base Time Allotment: 2 hours		
Online Day 11			<input type="checkbox"/> Elimination: Gastrointestinal and Hepatobiliary <ul style="list-style-type: none"> ○ Hiatal Hernia (2:44) ○ Peptic Ulcer Disease (6:28) ○ Inflammatory Bowel Disease (7:06) ○ Diverticular Disease (2:41) ○ Intestinal Obstruction (3:33) ○ Colon Cancer (3:31) ○ Stoma Care (4:47) ○ Pharmacology GI (1:27) 	<input type="checkbox"/> Post Test: Elimination <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

- Liver Cirrhosis (12:53)
- Hepatitis (3:32)
- Pancreatitis (3:56)
- Cholecystitis and Cholelithiasis (7:44)

Time Allotment: 1 hour

- Elimination: Genitourinary, Fluid, Electrolytes, and Acid-Base
 - Electrolytes (3:02)
 - Fluid Status (6:17)
 - Acid-Base Balance (7:10)
 - Urinary Catheter (2:50)
 - Acute Renal Failure (4:15)
 - Chronic Renal Failure (10:32)
 - Urinary Tract Infection (1:55)
 - Renal Calculi (3:22)
 - BPH (4:40)

Time Allotment: 1 hour

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 12	<input type="checkbox"/> Pretest: Metabolism <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Metabolism Time Allotment: 2 hours		
Online Day 13			<input type="checkbox"/> Metabolism <ul style="list-style-type: none"> ○ Metabolism (2:58) ○ Hyperthyroidism (15:05) ○ Thyroidectomy (6:58) ○ Hypothyroidism (11:15) ○ Goiter (4:36) ○ Parathyroid Disorders (6:43) ○ Adrenal Gland Disorders (16:38) ○ Posterior Pituitary Disorders (3:36) ○ Diabetes Mellitus (4:35) ○ Glycemic Control (13:28) ○ DM Complications (5:41) Time Allotment: 2 hours	<input type="checkbox"/> Post Test: Metabolism <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 14	<input type="checkbox"/> Pretest: Perception-Sensation-Motion <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Perception-Sensation-Motion Time Allotment: 3 hours		
Online Day 15			<input type="checkbox"/> Perception-Sensation-Motion <ul style="list-style-type: none"> ○ Glaucoma (5:19) ○ Cataract (1:56) ○ Retinal Detachment (3:26) ○ Hearing & Vision Deficit (1:42) ○ Neurologic Problems (2:09) ○ Altered LOC (4:53) ○ Increased ICP (9:15) ○ Seizure Precautions (1:51) ○ Head Injury (4:32) ○ Spinal Cord Injury (6:55) ○ Stroke (10:45) ○ Multiple Sclerosis (6:20) ○ Parkinson Disease (4:57) ○ Myasthenia Gravis (8:52) ○ Osteoporosis (3:08) ○ Fracture (6:02) ○ Hip Fracture (5:07) 	<input type="checkbox"/> Post Test: Perception-Sensation-Motion <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

			<ul style="list-style-type: none">○ Traction and Cast Care (5:43)○ Amputation (3:11)○ Assistive Devices (2:50)○ Gout (4:44)○ Osteoarthritis (3:54)○ SLE (2:11) <p>Time Allotment: 2 hour</p>	
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	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 16	<input type="checkbox"/> Pretest: Psychosocial Integrity <ul style="list-style-type: none"> ○ 50 items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Psychosocial Integrity Time Allotment: 4 hours		
Online Day 17			<input type="checkbox"/> Psychosocial Integrity <ul style="list-style-type: none"> ○ Freudian Theory (3:35) ○ Defense Mechanism (4:30) ○ Therapeutic Communication (3:26) ○ Non-Therapeutic Communication (2:01) ○ Anxiety Disorders (4:05) ○ Panic Disorders and Phobia (5:11) ○ PTSD (2:18) ○ Somatoform Disorders (1:09) ○ OCD (4:04) ○ Personality Disorders (6:07) ○ Psychopharmacology: Anti-anxiety (2:11) ○ Eating Disorders (2:45) ○ Major Depression (4:52) ○ Suicide (5:03) ○ Psychopharmacology: Tricyclic (1:20) 	<input type="checkbox"/> Post Test: Psychosocial Integrity <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

- Psychopharmacology: MAOI (1:50)
- Psychopharmacology: SSRI (00:38)
- Psychopharmacology: Anti-depressants (1:19)
- Depression Questions (3:14)
- Mania (1:40)
- Psychopharmacology: Anti-manic (1:18)
- Mania Questions (1:34)
- Thought Disorders (2:02)
- Perception Disorders (6:17)
- Psychopharmacology: Anti-psychotics (3:08)
- Alcohol and Substance Abuse (10:16)
- Cognitive Disorders (5:21)
- Psychopharmacology: Alzheimer's Disease (1:23)

Time Allotment: 2 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 18	<input type="checkbox"/> Pretest: Maternal and Newborn Nursing <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Maternal and Newborn Nursing Time Allotment: 4 hours		
Online Day 19			<input type="checkbox"/> Maternal-Newborn Nursing <ul style="list-style-type: none"> ○ Pregnancy (12:37) ○ Pregnancy Discomforts (13:17) ○ Warning Signs in Pregnancy (4:44) ○ Antepartum and Placenta Previa (9:00) ○ Abruptio Placenta and Abortion (5:09) ○ DIC and PIH (12:58) ○ Intrapartum (13:41) ○ Fetal Heart Monitoring (10:36) ○ Postpartum (16:10) ○ Newborn (9:04) ○ Newborn Care (4:54) Time Allotment: 3 hours	<input type="checkbox"/> Post Test: Maternal-Newborn Nursing <ul style="list-style-type: none"> ○ 65 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 20	<input type="checkbox"/> Pretest: Pediatric Nursing <ul style="list-style-type: none"> ○ 50 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours	<input type="checkbox"/> Pediatric Nursing Time Allotment: 4 hours		
Online Day 21			<input type="checkbox"/> Pediatric Nursing <ul style="list-style-type: none"> ○ Stages of Development (23:27) ○ PEDS Safety (4:35) ○ PEDS Hematological (9:48) ○ PEDS Cardiovascular (6:00) ○ PEDS Respiratory (8:50) ○ PEDS GI (13:18) ○ PEDS Renal (4:44) ○ PEDS Metabolism (2:13) ○ PEDS Musculoskeletal (6:34) ○ PEDS Neurological (7:15) ○ PEDS Infectious and Misc (10:01) Time Allotment: 2 hours	<input type="checkbox"/> Post Test: Pediatric Nursing <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	POST TESTS Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 22		<input type="checkbox"/> Pharmacological and Parenteral Therapies Time Allotment: 4 hours		
Online Day 23			<input type="checkbox"/> Pharmacological and Parenteral Therapies <ul style="list-style-type: none"> ○ Rights of Medication Administration (3:57) ○ Right Client (1:49) ○ Right Drug (1:06) ○ Right Route (00:51) ○ Right Form (6:00) ○ Right Time (00:42) ○ Right Method (3:42) ○ Right Dose (5:28) ○ Med Administration Nursing Considerations (6:21) ○ Medication Effects (3:09) ○ Pain Management Considerations (8:45) ○ Guidelines in Answering Pharm Questions (11:43) Time Allotment: 1 hour	<input type="checkbox"/> Post Test: Pharmacological and Parenteral Therapies <ul style="list-style-type: none"> ○ 60 Items ○ 90 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 2 hours
CONTACT D&D to schedule your Pretests and Post Tests Evaluation (15 minutes)				

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	COMPREHENSIVE Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 24				<input type="checkbox"/> Comprehensive Exam 1 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 25				<input type="checkbox"/> Comprehensive Exam 2 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 26				<input type="checkbox"/> Comprehensive Exam 3 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 27				<input type="checkbox"/> Comprehensive Exam 4 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	COMPREHENSIVE Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 28				<input type="checkbox"/> Comprehensive Exam 5 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 29				<input type="checkbox"/> Comprehensive Exam 6 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 30				<input type="checkbox"/> Comprehensive Exam 7 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 31				<input type="checkbox"/> Comprehensive Exam 8 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	COMPREHENSIVE Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 32				<input type="checkbox"/> Comprehensive Exam 9 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 33				<input type="checkbox"/> Comprehensive Exam 10 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 34				<input type="checkbox"/> Comprehensive Exam 11 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 35				<input type="checkbox"/> Comprehensive Exam 12 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours

	PRETEST	READ Assigned Readings	WATCH Video Lecture Series	COMPREHENSIVE Online Exams Goal: 65% and above for PN's 75% and above for RN's
Online Day 36				<input type="checkbox"/> Comprehensive Exam 13 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 37				<input type="checkbox"/> Comprehensive Exam 14 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
Online Day 38				<input type="checkbox"/> Comprehensive Exam 15 <ul style="list-style-type: none"> ○ 100 Items ○ 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours

CONTACT D&D to schedule your Comprehensive 1 to 15 Evaluation (15 minutes)

	PRETEST	READ Assigned Readings (VLE or Book)	WATCH Video Lecture Series (VLS)	COMPREHENSIVE Online Exams Goal: 70% and above for PN's 80% and above for RN's
Online Day 39				<input type="checkbox"/> Final Diagnostic Exam for the NCLEX <ul style="list-style-type: none"> <input type="radio"/> 100 Items <input type="radio"/> 150 minutes <input type="checkbox"/> Review Answers and Rationales Time Allotment: 4 hours
CONTACT D&D to schedule your Final Evaluation (15 minutes)				